

STUDENT INFORMATION FORM

Student's Name: _____ Date of Birth _____

Class Type: _____ Class Day: _____ Class Time _____

Home Phone _____ Work Phone _____ Other _____

Address: _____

City: _____ State _____ Zip _____

Mother: Name: _____ Employer _____

Home phone: () _____ Work phone () _____

Father: Name _____ Employer _____

Home phone: () _____ Work phone () _____

Cell Phone #'s for emergency: _____

Child's Previous Experience (describe briefly)

Who to call if parents can not be reached:

Name/Relation _____ Phone _____

Name/Relation _____ Phone _____

Any intolerance to drugs or medication?

Any previous injury or illness the staff should be aware of?

If so, any restrictions?

Survey info: What school does your child attend? _____

How did you here about us? _____

Today's Date _____

Gym Nest Program Information

Gymnastics

Beginner through a advanced classes are offered for boys and girls, 1st grade and up. Students are placed in classes based on their ages and skill level. Instruction is offered in the men's six and the women's four Olympic events as well as trampoline.

General classes are 1 hour and meet once per week. Additional classes are given as skill level and interest increases.

Preschool

Preschool classes are available to boys and girls ages 3 to 5. Students learn coordination skills, gymnastics skills, and develop social listening skills. Although emphasis is on having “**fun...**” this class is a skill class and not a playground.

Mom and Tot

Movement education is offered to ages 18 months to 3 ½ years of age. A parent or responsible guardian must accompany children. The focus of the class will be learning motor skills and gymnastics movements. In addition the class will concentrate on building confidence and self-esteem, but most of all on having fun!!!!

Tumbling

Tumbling only classes are offered to both boys and girls ages 8 and up. Trampoline, tumble-track, and a spring tumbling floor are used to teach tumbling skills to all levels of students.

Squads

Scheduled times are available to special interest groups such as cheerleading squads, dance and drill teams, majorettes, etc.

Gymnastics Team

Team membership is by evaluation and invitation since more advanced skills, time commitment and interest is required. Bozhi's Gym Nest has competitive levels 4 through elite. The team locally, regionally, and nationally.

Super Tots

A special class designed for preschool age children with above average strength, coordination and flexibility. While children in the super tot class will be working on more difficult skill progressions than the regular preschool class the emphasis is still on having lots of fun. Students will be chosen for the super tot class by the Gym Nest coaches.

Field Trips

Special interest groups, such as day care, scouting, school classes, etc can schedule field trips.

Birthday Parties

Parties are 1-1/2 hours long and can be scheduled on weekends.

Private Lessons

Specialized training is available to those who prefer a 1 on 1 approach to learning, in addition to regular classes. Students may concentrate on a few specific skills or work on a variety of skills. Students wishing private lessons must be registered members of the Gym Nest.

Open Gym

Open gym is time set aside for members and non-members to get extra work on the skills they need. This is your time to practice on what ever you want. Open gym at the Gym Nest is a supervised activity for safety.

